



# Heathcote Primary School

## News

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Issue No. 19

24th July 2023

*At Heathcote PS we value... Respect Learning Teamwork Responsibility*

*We acknowledge that we are on the traditional lands of the Taungurung people and we pay our respects to their Elders, past present and emerging.*

### IMPORTANT DATES

Wednesday 26th July	School Council 5.30pm
Thursday 27th July	Earth Ed excursion all Year 3-4 students
Friday 28th July	Gym onsite F-2
Monday 31st July	Pupil free day - no students on site
Friday 4th August	Gym onsite F-2
Monday August 7th	Earth Ed excursion all Year 4-5 students
Thursday 10th August	Year 6 Passions and Pathways excursion
Wednesday 23rd August	School Council 5.30pm
Monday 28th August	Professional Practice Day—no students on site
Friday 1st September	“Busking for change” Casual clothes day
Thursday 7th September	Year 6 Passions and Pathways excursion
Friday 15th September	Last day of Term—early dismissal 2.00pm

We've returned over \$1.5 million to the Heathcote & District community!

[www.heathcotenagambie.community](http://www.heathcotenagambie.community)

Community Bank  
Heathcote & District

 Bendigo Bank

Dear Families,

Our Year 6 students had a great day at the Victorian Science Education Centre in Melbourne on Monday! Students had some very positive feedback about the day, please read Dave's newsletter item. Our Year 3-6 students are heading off to Earth Education in the coming weeks, on previous visits students have enjoyed the hands on nature of the activities that support our STEM program. Thank you to Dave for organising these excursions, a great deal of administration goes on behind the scenes to enable these activities to take place. On return back to school it is always appreciated to hear 'thank you' from some of our students and their families.

### **Pupil Free Day – Monday 31<sup>st</sup> July**

Staff will be training in the 'Smart Spelling' approach, this will be incorporated in our English Instructional models across Foundation – Year 6 when implementing our teaching and learning in classrooms. Staff are looking forward to including a consistent approach across all year levels to support our students knowledge of words/ **Students will not be at school on this day.** spelling.

### **Foundation enrolments due!**

DET have changed the timeline for Foundation enrolments, they are due into us **by the end of July.** If you have a student starting next year in Foundation and have not completed an enrolment form, please drop into the Office and pick one up. If you know of anyone who is sending their child to Foundation next year at our school, please remind them enrolments are due. Knowing our enrolment numbers greatly supports our planning for 2024. Thank you for your support!

### **We need your help....thank you for your responses and work!**

Thank you to the great number of families who have volunteered their time to help out in the garden and around the school. We appreciate families taking the time to help out at their child/ren's school, thank you. We have seen work undertaken over the past few weeks, it is greatly appreciated. If you would like to sign up for the roster, please contact the Office.

### **Attendance**

Please make sure your child is at school, all day every day! We understand students get ill and need a day or so at home, however we still have a number of students with significant absences. Please help your child to get here on time, all day every day. Continued absences impact greatly on student learning and our teacher's opportunity to plan, teach, engage with and assess students. Apart from that, we miss them when they are not here with us!

Have a great week.

**Kate**

# IN THE CLASSROOM

## This week in the F/1 room...

This week our focus word is 'bed'. We will start the week with a fun oral retell of the story 'Five Cheeky Monkeys'. We will continue learning how to retell what happened in the beginning, middle and end of a story. We will also continue to focus on stretching out and blending the sounds in CVC words, e.g. cat, hot, leg.

In Maths this week we will begin learning about Place Value. This is understanding the value of a digit in a number, e.g. in the number 34, the 3 digit has the value of 30. We will also revise and extend our knowledge of 2D shapes this week. We will learn about the properties of 2D shapes, e.g. how many sides and corners.

In inquiry we are learning about Recycling. Last week we learnt that the items we recycle go to a recycling plant and get turned into new things. This week we will learn about the things we can recycle and the things we need to put in the rubbish bin. Maybe you could look at what items you could recycle at home and do some sorting!

## This week in the 1/2M room...

This week in 1/2M we are beginning to work on narratives. This will involve reading a range of narratives, along with trying to write our own. We will be working on nouns (which we are already pretty good at!!). We will be working more specifically on identifying common and proper nouns, and attempting to use lowercase and capital letters respectively. In Maths this week we are beginning our junior unit rotations, which is exciting. This will mean students will be moving through the junior unit to different classes, working with different students and teachers. It's great to see so many students reading, it's important to continue to try and read each night. We have had a great start to the term, lets keep it up!

## This week in the 1/2MG room...

This week in 1/2MG we will be working on our focus of searching for and using information. We will look for information when we are reading to help us understand the text.

In Word Work we will be learning about the different sounds of the letter 'i'.

In Writing we will be writing descriptions.

In Maths we will be learning about place value and 2D/3D shapes.

## This week in the 4/5 room...

We are looking forward to another busy week in the Year 4/5 class. We will continue to refine our "Four Operations" skills in Maths and will begin our new topic of "Time". In Reading and Writing, we will continue our study of persuasive techniques with an introduction to debating. This is bound to be lots of fun! We will look at the characteristics of good leaders in Wellbeing and learn about Democracy during our Inquiry lessons.

# IN THE CLASSROOM

## This week in the 5/6 room...

In Maths we will be learning how to apply formal written methods to solve vertical subtraction equations. We will also be learning how to use our knowledge of time to read timetables.

In Reading we will be learning about the structure and features of a debate and in Writing we will be learning how to structure a Persuasive Text in the form of a debate.

In Respectful Relationships we will be learning about the qualities that make a good leader and understanding how we can use our talents in service of others in our community.

### Screen time and digital technology use

Screen time has become part of life for most children, teenagers and adults. Watching TV, using computers, gaming consoles, smart toys, tablets and smartphones can be part of a healthy lifestyle... but boundaries are important! You might like to keep a simple tally of how many minutes/hours your children are spending on screens per week and considering whether this is more/less than what you would like it to be.

It's all about making sure of these key things:

- Children should enjoy plenty of healthy, fun activities, including physical activity, being outdoors, reading, creative play and social time with family and friends.
- When children do use screens, make sure they are watching or use quality content and age-appropriate material. Using screens in an open area where others are around is advisable.
- And don't forget sleep! A healthy, balanced lifestyle for children includes enough good-quality sleep. (8-10 hours is essential for primary aged children)
- Avoid digital technology use in the hour before bedtime
- Having time-limits are important to healthy boundaries with screen time for everyone



For more information, please look at these useful articles:

<https://raisingchildren.net.au/school-age/play-media-technology/screen-time-healthy-screen-use/screen-time>

<https://raisingchildren.net.au/school-age/play-media-technology/screen-time-healthy-screen-use/screen-time-sleep>



HAPPY  
BIRTHDAY



**Em-Rose Edwards-Scott**

**Rhiannon Brown**



# READING AWARDS



## 25 Nights

Tahyrk Turner

## 100 Nights

Bryce Kilner

Nate Moore

## 150 Nights

Imogen Jennings

Jackson Andrews

Jess Wheeler

Teddy Thomson

Finley Jennings

Griffin Scardetta

Malachi Macleod

Jax Buccella

## 75 Nights

Hunter Gwin

Lewis Powers

Jason Bowles

Jayden Dillon

William Powers



# CIVICS AND CITIZENSHIP AWARDS



## TEAM-WORK

Octavia Hicks

Lilah Hicks

Jayden Dillon

Lilah Moore

## RESPECT

Kaylee Davey

Lachlan Davitt

## RESPONSIBILITY

Zelda Pinnington

## LEARNING

Samuel Reeve

Bridget Brown

Harry Dellar

Rhiannon Brown

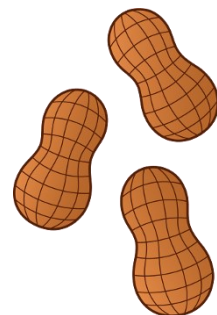
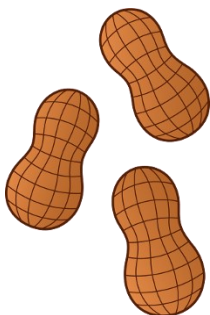
Tori Malaszuk

## BRONZE LEVEL

Charli Jennings

Lola Anderson

Octavia Hicks



# Be an Attendance HERO



Total number of students who had 100% attendance this week	77 Students
Total number of students who were unexplained absences this week	<b>28 Students</b>
Number of times students arrived late to school this week	<b>27 Students</b>
Number of times students left early this week	11 Students
School absence rate target for 2023	days per student

## Junior School Council

The Junior School council were alerted to an excellent fundraising opportunity for the Indigenous Literacy Foundation (ILF) by Ms Somerville this week and have decided to help run it in our school. It is called Busking for Change and is a new annual fundraising activity developed by ILF Ambassador Josh Pyke to engage primary students in a joyful multi-literacy activity incorporating song, music, movement and language. Simply put, schools learn a song and raise funds for the ILF. The ILF works in over 400 remote Communities to provide them with new, culturally relevant books, develop familiarity and engagement with books for children under five, and support Communities to write, illustrate and publish books in languages they speak at home.

Here's how it works:

- Students commit to learning to play, sing, or dance to a song
- Students gather support/donations from their friends and family
- Once students master the song, they 'busk' or perform their rendition collectively or individually to their friends, family, school, or post a video online.

Our students will be performing their rendition at our school assembly on September 1st. Students will be able to wear casual clothes on that day too. HPS's Busking For Change fundraising page can be found at

<https://buskingforchange.ilf.org.au/o/heathcote-primary-school>

All donations will be very gratefully received.

# STEM EXCURSION

On Monday, the Year 6 class attended a STEM excursion to the Victorian Space Science Education Centre in Strathmore. The day was broken into two major activities. In the morning session, students learned about static electricity and experimented using balloons and various materials. The theme of electricity was expanded to include circuits, which culminated in the creation of dancing robots, which strutted their stuff on the dance floor.

The highlight of the day was undoubtedly the mission to Mars. Students were split into two groups. One group entered their base on Mars where they undertook experiments vital to ensure humans can survive on Mars. The second group were based in Mission Control, where they monitored and provided support to the group based on Mars. They performed vital duties to ensure the crew were safe and provided remote support for the Mars crew to carry out their research. They also enacted the evacuation of the crew on Mars in emergencies.

This was an exciting excursion. All the Year 6 students should be congratulated on engaging with the activities and for their excellent behaviour.



# STEM EXCURSION



# Do you need help getting to Melbourne for specialist medical appointments?



## Door-to-door assisted transport is available.

**This pilot service operates in the Bendigo / Heathcote and surrounding Regional Corridor.**

It's for same day-return trips, including home pick-ups and drop-offs. The cost is \$15 each way (subsidised by patient's specific eligible support funding).

We can help people with general welfare, social support, and mobility issues and/or require financial and logistics support to travel.

### What type of travel is supported?

- Same-day return trips (e.g. appointments between 10:30am-2:30pm Tuesday or Thursday) or organise your own overnight stays.
- Patients who only need non-medical, non-urgent transport to get there.
- Attending specialist care at Melbourne medical hubs, hospitals and specialist clinics



<b>Northern region</b>	Northern Hospital, The Austin Hospital, Olivia Newton John Centre
<b>Parkville region</b>	Peter Mac, Royal Melbourne Hospital (RMH), Royal Women's Hospital, Royal Children's Hospital (RCH), Royal Dental Hospital.
<b>East Melb / Richmond</b>	St Vincent's Hospital, Freemasons, Mercy, Epworth, Victorian Eye and Ear Hospital.

### Who's it for?

- Patients of any age, in the **Bendigo/Heathcote** pilot catchment area (see website for details)
- Do not need emergency or medical support
- Companions are welcome
- All travelers are non-violent and no risk to others.



**LEARN MORE | CHECK ELIGIBILITY | BOOK**

[www.lct.org.au/medicalpilot](http://www.lct.org.au/medicalpilot)

Phone 03 9462 8794

### Services available now.

This pilot is supported by leading health, community and transport providers, and the Department of Transport.





**Transport referral**  
Patient information sheet

**PILOT PROGRAM: to DEC 2023**

Medical specialist transport access for patients  
Bendigo and Heathcote areas going to Melbourne

**Going to Melbourne for specialist care?  
Need help getting there?  
Transport assistance is available.**

**BOOK YOUR TRANSPORT  
REGISTER future trips**

Online: [www.lct.org.au/medicalpilot](http://www.lct.org.au/medicalpilot)  
Phone: 03 9462 8794

Fast track booking  
QR CODE



**Travel needed**

- Same-day return trips (appointments between 10:30am-2:30pm on Tuesday or Thursdays) or organise your own overnight stays
- Need non-medical, non-urgent transport
- Attending specialist care at Melbourne medical hubs, primarily:

<b>Northern region</b>	Northern Hospital, The Austin Hospital, Olivia Newton John Centre
<b>Parkville region</b>	Peter Mac, Royal Melbourne Hospital (RMH), Royal Women's Hospital, Royal Children's Hospital (RCH), Royal Dental Hospital.
<b>East Melb / Richmond</b>	St Vincent's Hospital, Freemasons, Mercy, Epworth, Victorian Eye and Ear Hospital.

**Support available**

- Affordable (\$15 each way), accessible transport to get to Melbourne and back
- Available for one-offs or multiple trips
- Door-to-door pickups and drop offs
- Help with general welfare, social and mobility issues e.g. wheelchairs, walkers, and other mobility aids
- Help getting to the appointment location
- Help with language, cultural or vulnerability needs
- Companion(s) may join patient on the trip

**Who it's for**

- Patients of any age from the pilot catchment area
- Travellers must be non-violent and not a risk to others
- **Non-medical, non-urgent assistance ONLY** - call Ambulance Victoria if medical support is required.

**Pilot service area**

- Bendigo suburbs and Heathcote region (30 km radius)
- Home pickup and drop offs, or key collection points, available in this region.
- Contact LINK to confirm specific pickup location and details.

**This is a shared community care transport pilot service**

**Please check the website for full details, including:**

- Current service operation days and times
- Journey schedule, route and transfer points
- Pickup service area and transit locations
- Melbourne medical hospital destinations
- Clinician resources and information
- Frequently asked questions



Learn more at [www.lct.org.au/medicalpilot](http://www.lct.org.au/medicalpilot)

Phone: 03 9462 8794

**HEATHCOTE PANTHERS BASKETBALL CLUB**



Summer Season – Term 4 2023 & Term 1 2024

We are now seeking expression of interest for our  
Junior Basketball GIRLS Summer Season 2023/2024

Under 10 – Born 2015 - later

Under 12 – Born 2013 – 2014

Under 14 – Born 2011 – 2012

Under 16 – 2009- 2010

Summer competition starts in Term 4.

Games are played at Red Energy Stadium, Bendigo.

We will require volunteers for Coaching also!

Please contact

Alan 0418 589 020 or Kristyn 0418 852 339

Heathcote Panthers Basketball Club on Facebook

**Expression of Interest close: Friday 25<sup>th</sup> August 2023**



## About Big Dreamers

The Big Dreamers Personal Development Program is designed to empower, develop resilience and provide Young Carers with the opportunity to build new skills, form new friendships and find hidden talents!

### Throughout the six month program, you'll:

- Build friendships and make connections with other Young Carers.
- Attend monthly workshops, learn new skills to navigate challenges and thrive in your personal life and career.
- Have fun and come together as a group during our 3-day, 2-night retreat!
- Be a part of a community who supports and understands your journey as a Young Carer.
- Celebrate everything you've achieved throughout the program at our Graduation event!

### What are the key dates?

To find out more, join us at our information evening on **Monday 24 July via Zoom!**

Welcome Event: 26th August

Workshop: 9th Sept

Retreat: 26-28th Sept

Workshop: 14th Oct

Workshop: 28th Oct

Graduation: TBC

### How much does it cost?

Nothing - this program is totally free for Young Carers!

### How can I sign up?

If you're a Young Carer aged 13-17 and living in Victoria, sign up today!

If you have any questions, please contact us on 1800 717 515, or email [alycia@littledreamers.org.au](mailto:alycia@littledreamers.org.au).

Register here:

<https://formstack.io/E8E66>



**BIG DREAMERS**  
PERSONAL DEVELOPMENT PROGRAM

[www.littledreamers.org.au](http://www.littledreamers.org.au)

# PARENT'S GUIDE TO A GROWTH MINDSET

*Your brain is like a muscle. When you learn, your brain grows.  
The feeling of it being hard is the feeling of your brain growing!*



## PRAISE



### FOR

- EFFORT
- STRATEGIES
- PROGRESS
- HARD WORK
- PERSISTENCE
- RIISING TO A CHALLENGE
- LEARNING FROM A MISTAKE

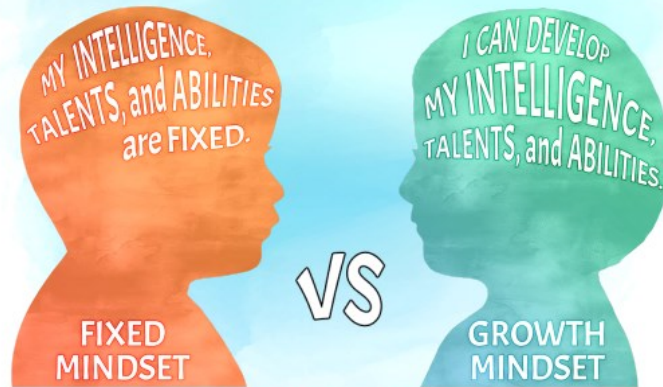
### NOT FOR

- TALENT
- BEING SMART
- BORN GIFTED
- FIXED ABILITIES
- NOT MAKING MISTAKES

## THE POWER OF "YET" SAY

- "YOU CAN'T DO IT YET."
- "YOU DON'T KNOW IT YET."
- "IF YOU LEARN AND PRACTICE, YOU WILL!"

# BRAINS can GROW



## FAILURES AND MISTAKES = LEARNING

### SAY

- "MISTAKES HELP YOU IMPROVE."
- "YOU CAN LEARN FROM YOUR MISTAKES."
- "LET'S SEE WHAT OTHER STRATEGIES YOU CAN TRY."

## RECOGNIZE YOUR OWN MINDSET

BE MINDFUL OF YOUR OWN THINKING AND THE MESSAGES YOU SEND WITH YOUR WORDS AND ACTIONS.



### ASK

- "WHAT DID YOU DO TODAY THAT MADE YOU THINK HARD?"
- "WHAT NEW STRATEGIES DID YOU TRY?"
- "WHAT MISTAKE DID YOU MAKE THAT TAUGHT YOU SOMETHING?"
- "WHAT DID YOU TRY THAT WAS HARD TODAY?"

PRINTABLES BY BIG LIFE JOURNAL - BIGLIFEJOURNAL.COM



### Saver Plus

#### Program includes:

- Matched dollar for dollar savings up to \$500
- Money Minded workshops - Financial Education
- Coaching on budgeting and savings



SCAN ME

#### Eligibility Criteria

- Must be a health/concession card holder;
- Be in receipt of a Centrelink Payment
- Be studying or have a child in school
- Have some regular income from work
- Be 18+ years old



### State Schools' Relief

Provides school uniforms and shoes to those that are unable to afford them.



SCAN ME

#### Eligibility Criteria

- Situations include but not limited to:
- Unemployment
  - Health issues/illness
  - Financial difficulties
  - Independent living and/or homelessness
  - Natural disasters
  - Bereavement
  - Domestic and family violence



### Camps, Sports and Education Fund

#### Funding to attend activities like:

- school camps or trips
- swimming and school-organised sports programs
- outdoor education programs
- excursions and incursions

\$125 per year for eligible primary school students  
\$225 per year for eligible secondary school students.



SCAN ME

#### Eligibility Criteria

- Parent must be a health/concession card holder;
- Or families on protection/bridging visas, or seeking asylum;
- Or children in out of home care



### Computerbank

Low cost refurbished computers that include various programs including word processing, Google Chrome and PDF Maker



SCAN ME

#### Eligibility Criteria

- Concession/Health Care Card holders
- Students
- Asylum seekers

## Schools in Category 3 on the Bushfire At-Risk Register and the Category 4 list.

### School preparations for the bushfire season

Each year, to prepare for bushfires and grassfires, schools and early childhood services complete a range of activities.

The Department of Education runs an annual fire risk assessment of schools and early childhood services. They are allocated a category of risk (categories 0 to 4) and are published on the Bushfire At-Risk Register (BARR).



All schools and early childhood services listed on the BARR and Category 4 list will also close when a Catastrophic fire danger rating day is forecast in their fire weather district.

When the Bureau of Meteorology provides public fire danger rating forecasts or fire weather warnings, they use fire weather district areas. In Victoria, there are 9 fire weather districts, which are based on Local Government Area boundaries. Our school is in the **Northern Country fire weather district**.

As part of preparing our school for the fire season, we have updated and completed our Emergency Management Plan and complete a bushfire clean up in Term 4 each year to prepare for the threat of fire.

### *What does this mean for our school?*

**Our school has been identified as being at risk of bushfire or grassfire and is a Category 3 school.**

Our school will **close** on a day forecasted as **Catastrophic fire danger rating** in the **Northern fire district**.

### *What is the department's policy?*

The department's [Bushfire and Grassfire Preparedness Policy](#) requires all schools and early childhood services on the BARR and the Category 4 list to close when a Catastrophic fire danger rating day is forecast in their fire weather district. All school bus routes which travel in or through a district with Catastrophic fire danger must also be cancelled.

### *When will our school be closed due to Catastrophic fire danger?*

Our school will **close** on a day forecasted as **Catastrophic fire danger rating** in the **Northern fire district**.

Closure of the school due to a forecast Catastrophic day will be confirmed on the day prior and we will provide you with advice before the end of the school day. Any information regarding potential or confirmed Catastrophic fire danger days will be communicated to you by email.

**Once confirmed, the decision to close will not change, even if the weather forecast changes.**

This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to be aware that:

- No one will be on site on days where the school is closed due to a forecast Catastrophic day.
- All bus routes that travel through the Catastrophic area will be cancelled.
- School camps will be cancelled if a Catastrophic fire danger rating day is forecast for fire weather district in which the camp is located, or if the travel involves passing through areas that have Catastrophic fire danger.

Families are encouraged to action their Bushfire Survival Plan on Catastrophic fire danger rating days. **On such days, children should never be left at home alone or in the care of older children.**

For those of us living in a bushfire prone area, the Country Fire Authority (CFA) advises that when Catastrophic days are forecast, the safest option is to leave the night before or early on the morning of the Catastrophic day.

***What can families and the school community do to help us prepare?***

- Ensure we have your current contact details, including your mobile phone numbers.
- Keep in touch with us by reading our newsletters and emails, by talking to your child's teacher or any other member of the teaching staff about our emergency management plan.
- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements in the event that our school is closed due to elevated fire danger or closed due to a Catastrophic fire danger. Further information can be found on the [CFA's website](#).
- Action your family's bushfire survival plan if your own triggers are met. Our school community may be spread out across many areas and some families may be at higher risk than others. Your family's safety is critical, so please let us know if you are actioning your bushfire survival plan and if your children will be absent on these days.
- If your child is old enough, talk to [them about bushfires](#) and your family's bushfire survival plan.

You can find more information on emergencies, warnings and preparedness actions here:

- VicEmergency app – that can be downloaded on your android and iOS mobile devices
- VicEmergency Hotline (1800 226 226)
- Website <https://emergency.vic.gov.au>
- Facebook (<https://www.facebook.com/vicemergency>)
- Twitter (<https://twitter.com/vicemergency>)
- ABC local radio, Sky News and other emergency broadcasters

# DRINK BOTTLE



**Remember  
WATER**

**only in your drink  
bottle at school.**

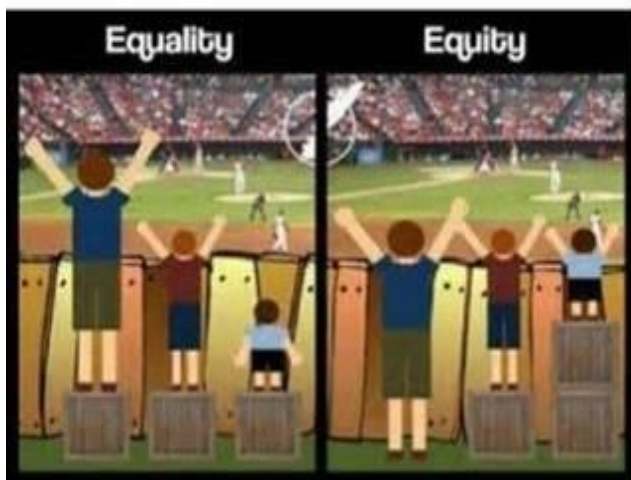


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**Book Club LOOP**  
for Parents

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[www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)

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Google play

Download on the  
App Store



## PROTECT

Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.



**Please check your child's hair.**



REMEMBER  
ONCE A WEEK,  
TAKE A PEEK

### FOUR STEPS TO LICE-FREE LIFE:

