



Heathcote Primary School

News

Telephone: (03) 5433 3090

heathcote.ps@education.vic.gov.au

Issue No. 28

17th September 2025

At Heathcote PS we value... Respect Learning Teamwork Responsibility

We acknowledge that we are on the traditional lands of the Taungurung people and we pay our respects to their Elders, past, present and emerging.

2025 - What's Happening?



Week 9

Wednesday 17th September

Hats are back!

Boys to the Bush Community Engagement Day

Friday 19th September

Sports Colours and Hot Pie Day (a JSC led initiative)

Last Day of Term 3. Early Dismissal at 2pm.

Term 4

Week 1

Monday 6th October

Term 4 Starts

Week 2

Friday 17th October

Foundation 2026 Transition Session #1

(flyer included in newsletter with additional dates and details)

Week 4

Monday 27th October
to Friday 31st October

Swimming—Group 1 (Grade 3, 4,5 & 6 students)

Week 9
& Week 11

Tuesday 2nd December,
Monday 15th December to
Thursday 18th December

Swimming—Group 2 (Foundation, Grade 1 & 2 students)

2025 - What's Due?

Chick'n'Lickin Hot Lunch Order

Wednesday 8th October by 10am



Heathcote Primary School
Respect ~ Learning ~ Teamwork ~ Responsibility

CIVICS AND CITIZENSHIP AWARDS

<u>TEAMWORK</u>	<u>RESPECT</u>	<u>RESPONSIBILITY</u>	<u>LEARNING</u>
Jeerapatra	Griffin	Matilda	Amelia E
Zayden	Jax	Ace	Em-Rose
Charlie	Jaxon		
Miles			
Fatat			
Pippa			

Griffin - Respect Award for recognising the strength of others.

Amelia E - Learning Award for being willing to take on new challenges.

Em-Rose - Learning Award for always trying your best.

Matilda - Responsibility Award for representing our school in a responsible manner.

Jeerapatra - Teamwork Award for looking out for others.

Jax - Respect award for acknowledging own effort.

Zayden - Teamwork Award for looking out for others.

Ace - Responsibility Award for being responsible when working with others.

Miles - Teamwork Award for encouraging others.

Fatat - Teamwork Award for looking out for others.

Jaxon - Respect award for respecting our environment.

Charlie - Teamwork Award for looking out for others.

Pippa - Teamwork Award for co-operating with and including others.

Awards are presented at our weekly whole school assembly on Friday.

****Assembly starts at 2:30pm****

AWARDS

TEAMWORK

RESPECT

RESPONSIBILITY

LEARNING

BRONZE LEVEL

Lachlan D
Ben D
Maysa

Fatat

SILVER LEVEL

Matilda
Yahya
Jett J
Logan J
Heidi

Luna

Logan J
Emma
Luna

GOLD LEVEL

Masie

Kindness Ambassador Award

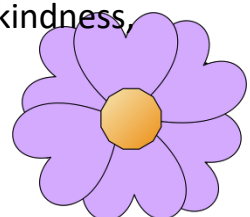
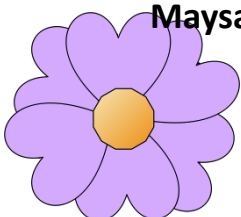
Students who consistently demonstrate acts of kindness, compassion and empathy towards others, promoting a positive and inclusive school environment

Leo - Demonstrating acts of kindness.

Maysa - You were caught consistently demonstrating acts of kindness,

and compassion.

Yahya - For consistently being kind and helpful towards others.



Junior School Council News

JSC is holding a Favourite Sports Colours day. Whip out your favourite sports colours and wear them to school. Whether they are footy, netball, basketball or rugby colours, your choice!

When: **Friday 19th September 2025.**

We will be having a **hot pie day** too.

All donations will go to our wonderful Heathcote Community House.

Thank you for all your support,

JSC



*Students have the option of wearing casual clothes to school on their birthday
(or the closest school day to their birthday if their birthday falls on the weekend or in the school holidays)*



***Lina, Anthony
Lawrence, Zoe
Pippa, Teddy
Charlie, Lincoln U
Hope, Hunter C
Mason***



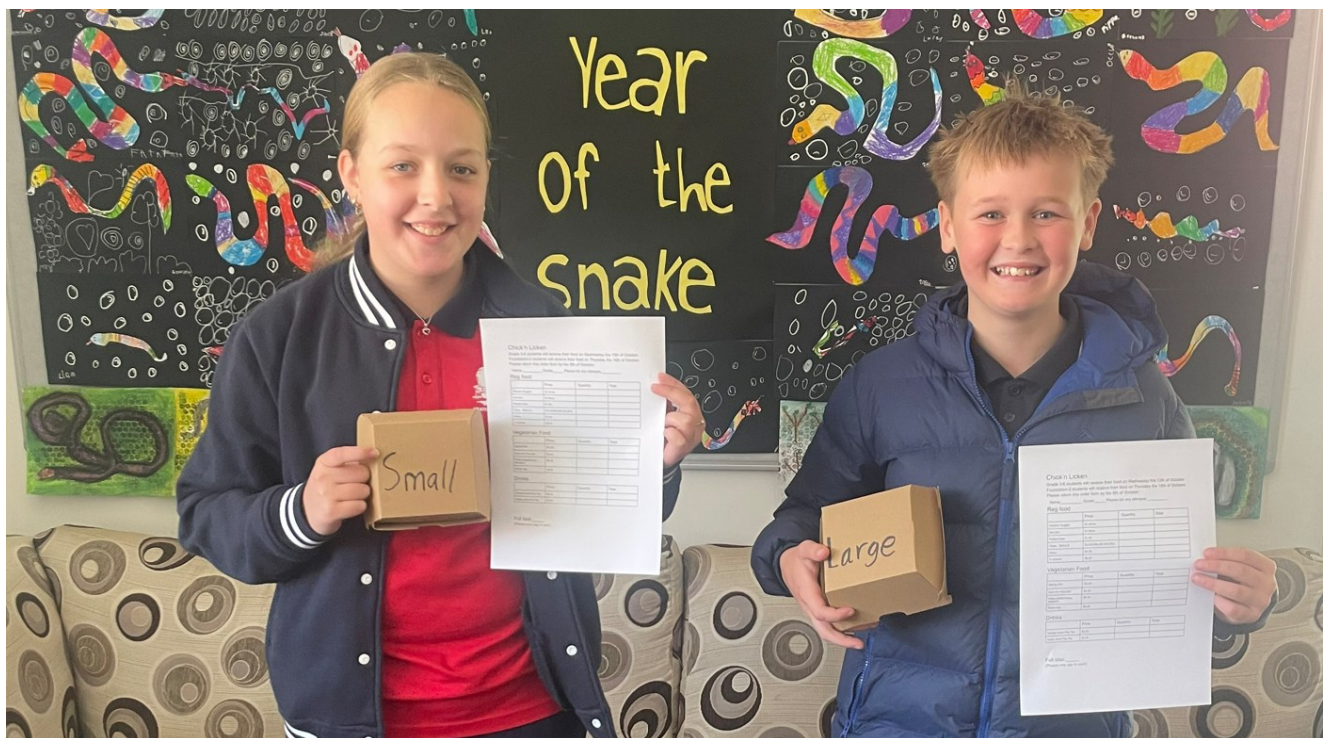
Student Leader News

In Week Two of next term, we are having a Chick'n'Lickin hot food day.

The juniors and seniors will be eating on separate days. Grade 3—6 students will have their food on Wednesday 15th October. Junior students will be having their food on Thursday 16th October.

The order forms need to be back by Wednesday 8th October (Week 1).

There is an order form in this newsletter, spare copies at the office and copies were given out at school too.



Chick'n Licken

Grade 3-6 students will receive their food on Wednesday the 15th of October.
Foundation-2 students will receive their food on Thursday the 16th of October.
Please return this order form by the 8th of October.

Name: _____ Grade: _____ Please list any allergies: _____

Reg food

	Price	Quantity	Total
Chicken Nugget	\$1.40 ea		
Dim Sim	\$1.60ea		
Potato Cake	\$1.60		
Chips SML/LG	\$4.00(SML)\$5.00(LRG)		
Gravy	\$1.00		
¼ chicken	\$6.50		

Vegetarian Food

	Price	Quantity	Total
Spring Roll	\$3.20		
Corn On The Cob	\$2.30		
Pasta salad(Honey Mustard)	\$6.00		
Roast Veg	\$8.50		

Drinks

	Price	Quantity	Total
Orange Juice Pop Top	\$2.50		
Apple Juice Pop Top	\$2.50		

Full total: _____

(Please only pay in cash)

Please include the correct cash payment with the order.

No change will be provided.

If any extra money is included, it will be donated to a good cause.

Wellbeing

New Support Services Hub for Families

At Heathcote Primary School, we care deeply about the wellbeing of every child in our community. We know that sometimes families may have concerns about their child's mental health or just need some extra support. We are pleased to let families know that we now have a Support Services Hub page available on our school website. It's a great place to start if you're looking for advice, guidance, or someone to talk to.

You can access the Support Services Hub here:

 [Support Services Hub – Heathcote Primary School](#)

We encourage you to visit the hub and keep it handy for when you might need it. Together, we can help all our students feel happy, healthy, and confident at school and beyond.

If you have any questions or would like to talk to someone about any concerns you have regarding your child's wellbeing, please contact Ms Sergi by phone or email, Concetta.sergi2@education.vic.gov.au



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Support Services Hub

Parent Support Hub

Raising Children Network

The Raising Children Network provides ad-free parenting videos, articles and apps based on the latest research. <https://raisingchildren.net.au/>

Emerging Minds Families

Emerging Minds works with families and professionals and draws on the latest research to support families and professionals as they navigate the ups and downs of daily life.

<https://emergingminds.com.au/families/>

What is Children's Mental Health? Video

<https://emergingminds.com.au/families/understanding-and-supporting-childrens-mental-health/>

Beyond Blue – Parenting and Mental Health

Provisional Psychologist

Our school is participating in a partnership with Federation University through their FedCare Psychology Services. This means we have a provisional psychologist placed at our school who can work one-on-one with students to provide short-term support, under the supervision of an experienced clinical psychologist. In Term 3, we welcomed Izzy to the HPS team.

A message from Izzy:

Hi Heathcote PS!

I'm Izzy, I'll be working at Heathcote PS as a provisional psychologist every Tuesday. I'm a mature-age student who returned to study after a career in advertising and becoming a mum to two beautiful boys. Working in education is a passion of mine, and I am currently working at another primary school in an Education Support (ES) role alongside my provisional psychologist position. I have worked across all year levels within the school, but most recently in a 5/6 classroom.

School Wide Positive Behaviour Support

Our expected behaviours matrix has been finalised and published. Copies are displayed in all learning areas and the main office. As part of our SWPBS work, students are explicitly taught what the expected behaviour looks like at school. Our values cards can be earned by students when they demonstrate expected behaviours.

Values in action spotted this recently include...



We follow classroom expectations



We use manners and kind words



Thank you for demonstrating our school values!



HEATHCOTE PRIMARY SCHOOL RESPECT • LEARNING • TEAMWORK • RESPONSIBILITY

LEARNING

ALWAYS

INSIDE

OUTSIDE

RESPECT

We use an appropriate voice

We follow classroom expectations

We leave nature in nature

We use manners and kind words

We walk

We share our spaces

We follow instructions

We keep our hands and feet to ourselves

TEAMWORK

We are inclusive

We pack up

We choose teams fairly

We share

We determine and play by the rules

We wait our turn

RESPONSIBILITY

We use equipment for its intended purpose

We use materials for their intended purpose

We return our sports equipment

We arrive on time

We participate

We look after school property

We place rubbish in the correct bin

We use our 'calm down' strategies

Real Schools

We are a [Real Schools](#) partner school, in the first year of our three year partnership. The Real Schools team works with over 500 schools across Australia and New Zealand and have a dedicated set of resources and articles for families for schools to include in their newsletters so families can learn more about the work.



THE CHEAT SHEET

1. Antecedents – triggers and conditions before a problem
2. Behaviour – the actual and observable act
3. Consequences – the natural and imposed results of the behaviour or what we do to respond



Punishment is something done to us, not with us! And if we remember back to our childhood or own classroom experiences, it didn't deter us from the original behaviour it just made us better at not getting caught or completing the punishment quickly. Who cheated on the lines punishment by writing all the 'I's then the 'will's? Didn't stop us from running though!

Why do we want to use natural consequences instead of punishment?

We want children to stop or change their behaviour because they want to, not because of a punishment. Behavioural Scientists tell us that no behaviours – not one – will change without there being a change in the antecedent structure, meaning that if we know what's going on we can prevent negative behaviour from occurring in the first place and if needed, respond appropriately if a consequence is required. If we approach each situation with curiosity, we can learn the antecedent more readily.

At school, examples of natural consequences or outcomes of behaviour might include:

- Apologising for the impact of a behaviour as part of repairing the relationship
- Cleaning up a mess that was made deliberately
- Giving something back to the school after damaging school property. For example, helping to tidy the school yard or weed the garden

Natural consequences are connected to the behaviour, age appropriate and designed to teach responsibility and encourage better future behaviour.

“

We can be busy with the behaviour and miss the opportunity to find the trigger.

What does it look like at home and school?

HOME Default Statement	HOME Restorative Statement	SCHOOL Default Statement	SCHOOL Restorative Statement
“Stop thumping your sister”	“Your sister is hurt, tell me what happened?”	“Stop calling him names”	“You seem frustrated, what's the story?”
“Give the toy back”	“You have your brother's toy, how can I help?”	“I told you to line up”	“You're out of line, how can I help?”
“You broke the plate”	“What do you know about the broken plate?”	“Give his pencil back”	“His pencil is missing, what do you know about it?”

Will you be at HPS in 2026?

It might only be Term 3 but planning for 2026 has already started.

Term 3 is when schools must submit their projected enrolment numbers for the following year to the Department of Education. It is also the term when we receive our indicative budget for the year ahead. We use these pieces of information to inform our planning, including how many classes we will run and how many staff we can employ for the following year.

If you, or someone you know, is planning to enrol at Heathcote PS in 2026 and have not yet completed an enrolment form, please do so as soon as possible. Forms are available from the office.

If your child*/ren will not be returning to Heathcote PS in 2026, please inform the school as soon as possible

(*excluding Grade 6 students).

A difference of as little as five children across the school has a huge impact on what is possible and the more informed we are, the better decisions we can make.

PS: We understand plans can change at the last minute and there is always flexibility in our planning.



Heathcote Primary School Foundation 2026 Transition Program

Inviting all 2026 Foundation students to join us for a series of transition visits as part of preparing for future school life.

Friday 17th October, 9:15am – 10:30am

Thursday 30th October, 9:15am – 11am

Friday 14th November, 9:15am – 11am

Tuesday 25th November, 9:15am – 11am

Tuesday 9th December, 9:15am – 12pm*

Please bring a fruit snack, drink bottle (with water) and broad brimmed hat.

*Lunch required for the longer day



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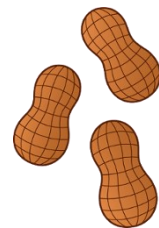
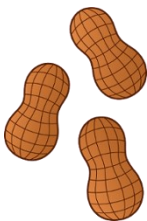
Email: heathcote.ps@education.vic.gov.au

School Bank Details

Account Name: Heathcote Primary School Official Account

BSB: 083 001

ACCOUNT: 71 938 5618



Peter from St Vincent de Paul would like to remind our community that Vinnies can provide food vouchers and help with school costs for uniforms and excursions.

Heathcote Vinnies

155 High Street, Heathcote

Open Wednesday and Friday

10am to 12:30pm

School Sports and Excursion Fund (CSEF)

If you hold a current Healthcare card or a Centrelink pensioner card you may be eligible to apply for CSEF. CSEF provides financial assistance for families to use for camps, excursions and school sports.

If you think you may be eligible, please contact the school office.

DRINK BOTTLE



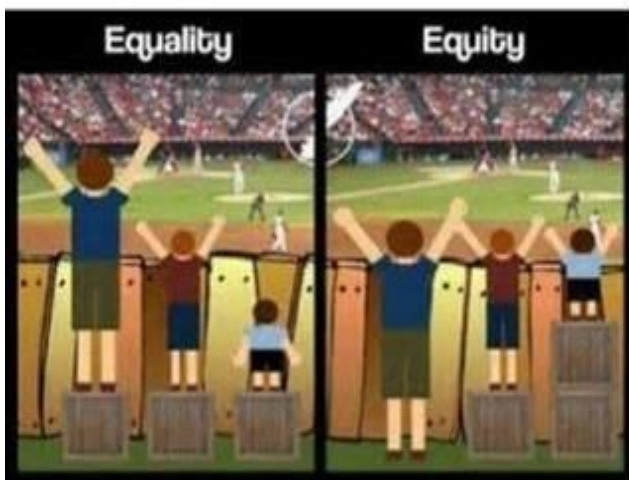
**Remember,
only WATER
in your drink
bottle at school.**



SCHOLASTIC Book Club LOOP for Parents

LOOP is the Scholastic Book Club
Linked Online Ordering & Payment platform for parents.

To order and pay for Scholastic Book Club by credit card visit:
www.scholastic.com.au/LOOP



PROTECT

Everyone has the right to be safe
and be protected from abuse.

No one should behave in a way that
makes you feel unsafe or afraid,
including anyone in your family,
anyone at school or anywhere else
in the community.

Tell a teacher or any adult at your
school if you feel unsafe.



**Please check your child's hair for any unwelcome visitors. If hair is
shoulder length, please be sure to tie it up as a preventative strategy.**



FOUR STEPS TO LICE-FREE LIFE:

